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# KICK BACK & CREATE IN TUSCANY!

## SEPTEMBER 5-10, 2025

WITH WENDY HAMMERS & CLAIRE BERGER



### *Rediscover your creative spirit in Italia.*

We enthusiastically invite you to join hosts [Wendy Hammers](#), founder of Tasty Words and Kick Back & Create international writing retreats and [Claire Berger](#), author, comedian and passionately possessed Italian cook on a great adventure. Together we will gather next fall to Kick Back & Create in one of the world's most serene and delicious locales - Tuscany!

We are big fans of planning ahead, giving us something extraordinarily special to look forward to. We invite a community of creative souls with insatiable curiosity and a love of culinary travel to join us. We will be comfortably ensconced in luxury at [Tenuta Santo Pietro](#), a spectacular, family owned property that dates back to the 13th century. There are twelve [unique, bedrooms](#) in this exquisite villa, located on 72 breathtaking acres that include a working farm, vineyards and olive groves, offering glorious inspiration, relaxation and an unparalleled connection to nature.

## YOUR ITINERARY

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We will spend six glorious days together, writing, reading, sharing, cooking, sightseeing and eating! Every morning will begin with gentle, meditative hikes or yoga classes.

**Friday:** Arrival, check-in, unpack, unwind and roam the property before a delicious four-course dinner prepared by the family's chefs.

**Saturday:** We will engage all senses with a morning filled with creative writing prompts guaranteed to connect your imagination to your sumptuous surroundings. In the afternoon we will stroll through our home town for the week, the charming village of Pienza. You'll love the shops, gawk at the views and will most certainly want to sample the region's best gelato (no exaggeration, we promise). Dinner tonight will be a joyful social gathering in the ristorante at Podere Il Casale.

**Sunday:** Another spectacular morning for either solo or community creativity. Our afternoon includes a local pecorino tasting, featuring formaggio that wins national acclaim for the generations of local farmers who treat their sheep to hand sown fields of fragrant herbs which manifest in marvelous cheese. Dinner tonight is at our favorite local pizzeria, Il Botteghino.

**Monday:** Lace up your comfiest shoes and prepare to run wild through lush, Tuscan forests with truffle hunting dogs. After returning back to Tenuta Santo Pietro, their chefs will feature our truffles in a cooking class, followed by a sumptuous lunch. Feel free to roam the property for inspiration and more creative writing this afternoon, followed by a light dinner on property with an optional local wine pairing. After dinner, there will be an evening of storytelling, where all are free to share personal writing or musings.

**Tuesday:** Our final writing session fills the morning with deeply evocative prompts and self reflection. Join the fun this afternoon, strolling the magnificent town of Montepulciano. Compete in a literary treasure hunt created just for you. Our farewell dinner will feature a pasta dish that will remain in your dreams long after you return from our week together. 13 Gobbi, located in the charming village of Montefollonico is beloved for their cacio e pepe, where hot, freshly rolled tagliatelle is swirled table side in massive wheels of local pecorino, releasing a deeply fragrant perfume you will want to bottle and tuck into your luggage.

**Wednesday:** Enjoy a final, abundant breakfast buffet, followed by a leisurely check-out.

\*Itinerary is subject to change based on vendor availability.



## REGISTRATION



We are delighted to be working with Rhonda Vilardo, owner of [Italian Culinary Adventures](#), who will graciously attend to every daily detail; coordinating all activities, excursions, transport and dinner reservations. This is all inclusive week designed to help you capture your creative prowess and discover your Italian roots (real or imagined).

Early Bird pricing is \$5200 per person (double occupancy) if purchased before 2/1/25. You will also receive a \$200 discount if you pay in full by 2/1/25, After 2/1/25 the retreat price will be \$5700. Full non-refundable payment for all registrants is due 90 days (6/6/25) before our retreat begins. This price includes all meals, lodging, bus transportation during our time together, as well as classes, tastings and excursions. Not included: alcohol, airfare and transport to and from Tenuta Santo Pietro. All pricing is based on double occupancy. There is a \$500 single supplement charge.

Rhonda is intimately familiar with many Italian regions and would be happy to recommend bookend travel for you, either before or after your week with us. Feel free to reach out to her [here](#).

With only twelve rooms available, we urge you to register [here](#) today with your \$350 deposit (non refundable) to secure your spot. This week won't be the same without you!



Grazie Mille!

Claire & Wendy